

GLWS Team Debrief

Sample agenda 2 hours



Purpose:

To come together as a team for some quality time to “work on yourselves” (i.e. not the business), and formulate the foundations for your future success, sustainability and enjoyment as a team.

Pre-work:

Refresh your Personal Report from GLWS, and recap on any insights or changes you have made to date.

Time:

2pm – 4pm with pre-meeting casual team lunch from 1.15

Approach:

Open up conversation about team wellbeing – look at trends within the team, identify and agree what changes you can make as a team that will result in a happier, more satisfying and enjoyable experience at work with associated improvement in personal lives and workplace performance

Objectives:

Wellbeing: Agree 2-3 changes to work on as a team that will contribute positively to your satisfaction, enjoyment and/or performance from being in this team

Agenda:

2.00	Introduction – purpose, context & objectives
2.15	Focussing on the good – what’s going well at this moment for you?
2.30	Wellbeing in the workplace – key wellbeing enhancers and detractors for the team
3.15	What matters most? Open space conversation re 203 top priorities and commitments
3.45	Next steps – what would you like to see happen & how to make this last
4.00	Close