

# Level 1 Accreditation Overview – The GLWS Personal Report



**Lesson 3**

Topic 1: Position and apply GLWS  
Assignment: Create value proposition and business-case

Topic 2: Key GLWS insights from a D&I perspective  
Assignment: Review GLWS benchmark data

Topic 3: Future directions, wrap-up and next steps  
Live webinar!

**Lesson 2**

Topic 1: Interpreting the Report, Case Studies  
Topic 2: Preparing for the GLWS debrief  
Topic 3: Debrief in Action  
Assignment: Your own practice debrief

**Lesson 1**

Topic 1: GLWS and Wellbeing in the Workplace  
Topic 2: Development, Framework, Psychometrics and Principles of Use  
Quiz: 10 Multiple choice questions

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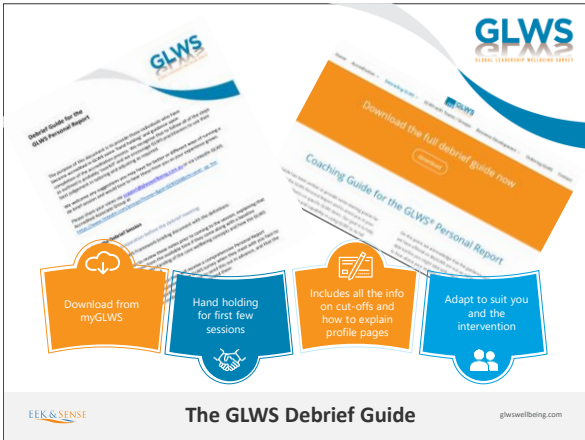
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**The GLWS Debrief Guide**

Download from myGLWS

Hand holding for first few sessions

Includes all the info on cut-offs and how to explain profile pages

Adapt to suit you and the intervention

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**GLWS debrief introduction: top tips**

- Who are you? Role, tenure, personal life etc.
- What do we mean by "wellbeing"? Flourishing, more than neutral etc.
- WB is subjective. Common threads from research but only you can say...
- WB is dynamic, balance between demands and resources, a snapshot in time, benefit is in learning...
- We are all a WIP!
- Confidentiality
- What was your experience of completing the survey?

Recommend that you review the report in full later

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